



THE ODYSSEY PITCH

A Publication of Odyssey Soccer Club NY

www.odysseysportny.com

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Odyssey In The News...

Odyssey Thunderbolts (U19) soccer star Sierra Kiss, a six year veteran of the Odyssey program has recently been named 1st team All-New York State for 2010.

Last year, she was named to the 2nd team, and this year she led her team to back-to-back State Championship games. She was also awarded Mohawk Valley Soccer Player of the Year. She finished her high school career with 74 goals and 47 assists. She is finalizing where she would like to continue her soccer career as she prepares to commit in the near future.



"I've been with Odyssey since as long as I can remember. If I want to get to the next level, the idea of being trained by college coaches seemed like the best way to do it! What better way to prepare for the college game than being coached by coaches who coach the very best players on a daily basis. I'm not sure how they did it, but Odyssey made training fun with technical and tactical drills I've never even seen before. Everyday was something different and therefore we loved training just as much as we loved playing the game. I love this club and I believe it has led to much of my success in the game. Now that my sister Serena is in it, I hope she has the same opportunities and success that I had."

- Sierra Kiss
Odyssey Thunderbolts (U19)

Congratulations Sierra !!

Mini-Kickers finishes 1st session with over 22 players. Odyssey was excited to introduce a new "FREE" program tailored for kids ages 4 to 5 years. They trained for six weeks on Saturday mornings for 45 minutes. They mastered "Soccer's 10 Steps to Heaven" (ex. #6 - Do A Fancy Trick), played games with the likes of "Pirate Ship", "Scary Jungle", and "Bulldozers and Cranes". The purpose of the program was to have these young players first soccer experience be an extremely positive one. The ultimate



goal was to familiarize the players with the soccer ball without them even being aware they were doing it.

"My kid could not wait to play Mini-Kickers each and every week. They learned all sorts of ways to manipulate the soccer ball and had no idea that they were even doing it because of the fun games. It was my kid's first experience to the game of soccer and I couldn't imagine a better way for it to be introduced. My daughter already knows her first move and she is 4, "The Blanco". Awesome!"

- Parent of Mini-Kicker

The 2nd session for Mini-Kickers will be announced soon. If you are interested, please e-mail cmclain@colgate.edu.

Odyssey Sport adds a 5th and 6th Collegiate Coach to the Coaching Staff.

"We are pleased to announce the addition of two great college coaches who will be joining our club in its quest to develop our local youth soccer players in the healthiest way possible. It is always our hope to add licensed, qualified coaches, but with these additions we hit the jackpot!"

- Director of Coaching

Tracey Leipold - Head Coach for Division II powerhouse LeMoyne College's Women's Soccer is now coaching the Odyssey Sport U19 Thunderbolts.

Kyle Graves - Head Coach for Division III Morrisville State College's Men's Soccer is now coaching the Odyssey Sport U16 Boy's Team.

The other four college coaches already on staff include:

Claire McLain - Head Women's Soccer Coach at Utica College

Chris McLain - Associate Head Women's Soccer Coach at Colgate University.

Paul Stinson - Men's and Women's Assistant Soccer Coach at Colgate University.

Dana Gentile - Assistant Women's Soccer Coach at Utica College

Odyssey Soccer is a 501(c)(3) non-profit organization.
Your tax deductible contributions are greatly appreciated.

“Heading” Forward...

Goalkeeper Training: With Colgate Goalkeeper Coach Paul Stinson
 March 19 - 10:00 am April 2 - 8:00 am
 March 26 - 9:00 am April 9 - 9:00 am

Odyssey Annual Meeting: April 8 - time TBA

Jr. Academy and Mini-Kickers Session II starting March 19. It will run for 6 sessions, exact dates and times to be announced. Registration will resume for those not already registered on February 28th.

Open “SANDLOT” Soccer - We are excited to have the opportunity to train your kids for two or three times per week since training is such a huge staple of our program. In addition to the training, we would like to introduce and offer our players the opportunity to play with no coaches around. That’s right, **NO COACHES!** These players need to have a place where they can try and execute moves and learn the game on their own terms. We feel that the Odyssey Training Center can be the perfect place for this to occur. This center facilitates the perfect safe environment for healthy development. Have fun with it and enjoy. We do need chaperones present, so please feel free to e-mail us if you would like to volunteer. Fridays 8:45-10:00 pm and Saturdays U13 and under from 6:30-8 pm and U14 and older 8:00-9:30ish pm.

Colgate University Men’s Soccer:

Tuesday - April 19 - 8:00pm @ Home vs. Syracuse University
 Saturday - April 23 - Tournament @ Colgate
 10:00 am Colgate vs. Hartwick & Swarthmore vs. Hobart
 11:30 am Colgate vs. Swarthmore/Hobart
 11:30 am Hartwick vs. Swarthmore/Hobart
 1:00 pm Colgate vs. Swarthmore/Hobart

Colgate University Women’s Soccer:

Saturday - April 16 - 1:00pm @ Syracuse University
 Saturday - April 23 - Tournament @ Colgate
 Times TBA - vs. Siena and Cornell

Rochester Rhino’s:

Saturday - May 7 - Home vs. Charleston Battery
 Saturday - May 14 - Home vs. Barracuda FC
 Friday - May 20 - Home vs. Orlando City
 Friday - May 27 - Home vs. Wilmington Hammerheads

Major League Soccer:

Tuesday - March 15 - 9:30 pm ET - FIRST KICK
 Los Angeles Galaxy @ Seattle Sounders



CURRENT ODYSSEY SCHEDULE:

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|-----------|-----------|-------------|-----------|-----------|
| 5:00-6:15 | U13 Girls | U11 Girls | U13 Girls | U12 Girls | U11 Girls |
| 6:15-7:30 | U12 Boys | U12 Girls | U12 Boys | U14 Girls | U14 Boys |
| 7:30-8:45 | U16 Girls | U14 Girls | U14 Boys | U16 Girls | U16 Boys |
| 8:45-10:00 | U19 Boys | U19 Girls | U16/19 Boys | U19 Girls | |

All training sessions will be held at our indoor facility off of Route 5 in Sherrill, NY. Please see our web site for directions to the facility.

Coaches Corner...

Odyssey encourages all players to play as often as they can. Don’t wait until your team has a practice or a game to play. The best way to learn and improve is to play, play, and play some more. Periodically we will post some games on this corner that you can play by yourself or with a couple of friends in your backyard. So play hard and have fun...

Combat: Set up a goal with cones about four steps wide. You stand behind one of the cones with the ball and your friend stands behind the other cone without a ball. Both of you face the same direction. You must throw or kick the ball out about 10-15 yards out into the area that you and your friend are facing. The instant the ball is struck, both of you must attempt to get it (gain possession of the ball) and *dribble it* back through the goal. Play for 20-30seconds. Alternate the server each time. If your Mom or Dad is available, they can serve the ball from a position away from the goal and keep time. This is a great 1 versus 1 activity.

Options: Mom serves (kicks) the ball out into the yard and you and your friend compete to get the ball back to her, instead of going through the goal.

This is a great activity to work on playing with pressure from behind. Thus the players must shield the ball often, escape the pressure of their opponent and create a space large enough to pass the ball back to the coach.

Have Fun!!

CONTACT INFORMATION

General Club Inquires & Facility Rentals:

Corinne Banker
 3950 Davis Corners Road
 Morrisville, NY 13408
 315-723-6940

Player Interest & Tryouts:

Claire McLain - 315-280-4408

Junior Academy & Mini Kickers:

Chris McLain - 315-560-5588